



# Nutritionized PS & K8

April ~ May ~ June 2023  
[www.choosedelicious.com](http://www.choosedelicious.com)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/3 5/1 5/29 (CLOSED) 6/26 Delicious Made Italian Meatballs in Marinara Rotini Pasta Green Beans Apple WG Delicious-Made Bread*	4/4 5/2 5/30 6/27 Delicious Made Chicken Lo Mein Cauliflower Banana WG Delicious-Made Dinner Roll*	4/5 5/3 5/31 6/28 Delicious Made Three Cheese Pasta Bake HV: Green Peas CV: Fresh Broccoli CV: Delicious-Made Ranch Dressing Orange WG Delicious-Made Bread*	4/6 5/4 6/1 6/29 Chicken Tacos Shredded Cheddar Cheese Spanish Rice Diced Carrots Pear WG Soft Flour Tortilla**	4/7 5/5 6/2 6/30 Delicious Made Beef Mostaccioli HV: Butternut Squash CV: Cucumber Slices CV: Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious Made Roll**
4/10 5/8 6/5	4/11 5/9 6/6	4/12 5/10 6/7	4/13 5/11 6/8	4/14 5/12 6/9
Delicious Made Macaroni and Cheese Green Peas Apple WG Delicious-Made Bread*	Delicious Made Chicken Cacciatore Penne Pasta Roasted Green Beans Banana WG Delicious-Made Dinner Roll*	Beef Nachos Shredded Cheddar Cheese Sour Cream Steamed Rice HV: Diced Carrots CV: Southwest Bean Salad Orange WG Corn Tortilla Chips*	Delicious Made Chicken Parmesan w/Noodles Broccoli Pear WG Delicious-Made Bread*	WG Cheese Ravioli in Marinara Sauce* HV: Butternut Squash CV: Cucumber Slices CV: Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Bread*
4/17 5/15 6/12	4/18 5/16 6/13	4/19 5/17 6/14	4/20 5/18 6/15	4/21 5/19 6/16
Vegetarian Bean Chili Steamed White Rice Green Peas Apple WG Delicious-Made Corn Bread	Delicious Made Beef Meat Sauce Spaghetti Noodles Cauliflower Banana WG Delicious-Made Roll*	Delicious Made Fajita Chicken Skillet Shredded Cheese Refried Beans HV: WG Corn* CV: Fresh Carrot Coins CV: Delicious-Made Ranch Dressing Orange WG Soft Wheat Tortilla*	Delicious Made Macaroni and Cheese Broccoli Pear WG Delicious-Made Bread*	Turkey w/ Country Gravy Mashed Potatoes HV: Butternut Squash CV: Tossed Salad CV: Delicious-Made Italian Dressing Diced Fresh Fruit WG Delicious-Made Roll*
4/24 5/22 6/19	4/25 5/23 6/20	4/26 5/24 6/21	4/27 5/25 6/22	4/28 5/26 6/23
Delicious Made Macaroni and Cheese Diced Carrots Apple WG Delicious-Made Bread*	Delicious Made BBQ Pulled Chicken <b>New!</b> Rainbow Potatoes Broccoli Banana WG Delicious-Made Bun*	<b>New:</b> Beef Stuffed Pepper Casserole with Rice HV: Green Beans CV: Fresh Carrot Coins CV: Delicious-Made Ranch Dressing Orange WG Delicious-Made Corn Bread*	Beef Tacos Shredded Cheddar Cheese Spanish Rice Spanish Black Beans Pear WG Soft Flour Tortilla*	Ziti Pasta w/ Chicken in a Creamy Red Sauce HV: Butternut Squash CV: Cucumber Slices CV: Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Bread*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(\*) Item is WHOLE GRAIN.

\*\*ENTRÉES ARE DELICIOUS MADE (made from scratch)