



Nutritionized PS & K8

July~August~September 2022
www.deliciousdaycaremeals.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/4 (Closed) 8/1 8/29 9/26 Delicious-Made Italian Meatballs in Delicious-Made Marinara Sauce Spaghetti Noodles Green Beans Orange WG Delicious-Made Bread*	7/5 8/2 8/30 9/27 Macaroni & Cheese Broccoli Banana WG Delicious-Made Bread*	7/6 8/3 8/31 9/28 Diced Chicken & Gravy Mashed Potatoes HV: Green Peas CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Apple WG Delicious-Made Dinner Roll*	7/7 8/4 9/1 9/29 Beef Nachos Shredded Cheddar Cheese Sour Cream Diced Carrots Pear WG Corn Tortilla Chips*	7/8 8/5 9/2 9/30 Cheesy Chicken & Rice HV: Roasted Peppers CV: Cucumber Slices Delicious-Made Ranch Dressing Honeydew WG Delicious-Made Dinner Roll*
7/11 8/8 9/5 Turkey & Country Gravy Baked Sliced Sweet Potatoes Broccoli Apple WG Delicious-Made Dinner Roll*	7/12 8/9 9/6 Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Banana WG Soft Flour Tortilla*	7/13 8/10 9/7 Cheesy Baked Beef Mostaccioli HV: Roasted Vegetables CV: Cucumber Slices Delicious-Made Ranch Dressing Orange WG Delicious-Made Bread*	7/14 8/11 9/8 Pesto Pasta w/ Diced Chicken Green Peas Pear WG Delicious-Made Bread*	7/15 8/12 9/9 Cheeseburger Casserole HV: Cauliflower CV: Tossed Salad Delicious-Made Ranch Dressing Pineapple WG Delicious-Made Bread*
7/18 8/15 9/12 Italian Chicken Steamed Rice Carrot Mash Orange WG Delicious-Made Bread*	7/19 8/16 9/13 Macaroni & Cheese Green Peas Banana WG Delicious-Made Bread*	7/20 8/17 9/14 Chicken with Delicious-Made Marinara Sauce Rotini Pasta HV: Roasted Vegetables CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Apple WG Delicious-Made Dinner Roll*	7/21 8/18 9/15 Beef Taco Shredded Cheddar Cheese Shredded Lettuce Green Beans Pear WG Soft Tortilla*	7/22 8/19 9/16 Cheese Ravioli* in Delicious-Made Marinara Sauce HV: Broccoli CV: Cucumber Slices Delicious-Made Ranch Dressing Watermelon WG Delicious-Made Bread*
7/25 8/22 9/19 Turkey Chili Penne Pasta Broccoli Apple WG Cornbread*	7/26 8/23 9/20 Baked Ziti w/ Chicken Green Peas Banana WG Delicious-Made Bread*	7/27 8/24 9/21 Chicken Tacos Shredded Cheddar Cheese Shredded Lettuce HV: Cauliflower CV: Southwest Bean Salad Watermelon WG Soft Flour Tortilla*	7/28 8/25 9/22 Beef Sloppy Joe Baked French Fries Sauteed Cabbage Cantaloupe WG Delicious-Made Bun*	7/29 8/26 9/23 Chicken & Country Gravy Roasted Butternut Squash HV: Green Beans CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Delicious-Made Dinner Roll*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(*) Item is WHOLE GRAIN.

****ENTRÉES ARE DELICIOUS MADE (made from scratch)**

***What is Delicious Made** (de-li-cious made l di-'li-shəs mād)?
 Delicious Made means no sugar, no preservatives, no chemicals, no high-fructose corn sweetener, no trans fats.
 Our Delicious Made, 100% Certified Organic meals are yummy, healthy, affordable and all-natural!