



Nutritionized PS & K8

Jan~Feb~March 2023

www.deliciousdaycaremeals.com



Turkey

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1/2 (closed) 1/30 2/27 3/27	1/3 1/31 2/28 3/28	1/4 2/1 3/1 3/29	1/5 2/2 3/2 3/30	1/6 2/3 3/3 3/31
Delicious Made Italian Chicken** Steamed Rice** Carrot Mash** Orange** WG Delicious-Made Bread*	Delicious Made Macaroni & Cheese Green Peas** Banana** WG Delicious-Made Bread*	Chicken with Delicious-Made Marinara Sauce** Rofini Pasta HV: Green Beans** CV: Fresh Carrot Coins** Delicious-Made Ranch Dressing** Apple** WG Delicious-Made Bread*	Delicious Made Beef** Taco Shredded Cheddar Cheese** Shredded Lettuce** Corn** Pear** WG Soft Tortilla*	Cheese Ravioli* in Delicious-Made Marinara Sauce HV: Broccoli** CV: Cucumber Slices** Delicious-Made Ranch Dressing** Watermelon** WG Delicious-Made Bread*
1/9 2/6 3/6	1/10 2/7 3/7	1/11 2/8 3/8	1/12 2/9 3/9	1/13 2/10 3/10
Delicious Made Potato and Ham Casserole Broccoli** Apple** WG Delicious-Made Dinner Roll*	Delicious Made Chicken Taco** Shredded Cheddar Cheese Shredded Lettuce Steamed Rice** Diced Carrots** Banana** WG Soft Tortilla*	Delicious Made Baked Beef Mostaccioli HV: Sautéed Cabbage** CV: Cucumber Slices** Delicious-Made Ranch Dressing** Orange** WG Delicious-Made Bread*	Delicious Made Pesto Pasta w/ Diced Chicken Green Peas** Pear** WG Delicious-Made Bread*	Delicious Made Three Bean Chili Steamed Rice HV: Roasted Green Beans** CV: Tossed Salad** Delicious-Made Italian Dressing** Cantaloupe** WG Delicious Made Corn Bread*
1/16 2/13 3/13	1/17 2/14 3/14	1/18 2/15 3/15	1/19 2/16 3/16	1/20 2/17 3/17
Delicious-Made Italian Beef Meatballs in Delicious-Made Marinara Sauce** Penne Pasta Green Beans** Orange** WG Delicious-Made Bread*	Delicious Made Chicken Noodle Casserole Broccoli** Banana** WG Delicious-Made Bread*	Beef Nachos Shredded Cheddar Cheese** Sour Cream** HV: Spanish Black Beans** CV: Carrot Coins** Delicious-Made Honey Mustard Dressing** Apple** WG Tortilla Chips*	Delicious Made Macaroni and Cheese Green Peas** Pear** WG Delicious Made Dinner Roll*	Delicious Made Cheesy Chicken & Rice HV: Roasted Vegetables** CV: Cucumber Slices** Delicious-Made Ranch Dressing** Pine Melon** WG Delicious-Made Dinner Roll*
1/23 2/20 3/20	1/24 2/21 3/21	1/25 2/22 3/22	1/26 2/23 3/23	1/27 2/24 3/24
New! Delicious Made Three Cheese Pasta Bake Brussel Sprouts** Apple** WG Delicious Made Dinner Roll*	Delicious Made Chicken** Tacos Shredded Cheddar Cheese** Shredded Lettuce** Southwest Bean Salad** Banana** WG Soft Flour Tortilla*	Delicious Made Beef Meatballs/Gravy** Mashed Potatoes HV: Green Peas** CV: Cucumber Slices** Delicious Made Ranch Dressing** Cantaloupe** WG Delicious-Made Roll*	Delicious Made Baked Ziti Pasta with Chicken in a Creamy Red Sauce New! Cilantro Cauliflower Rice** Watermelon** WG Delicious Made Roll*	Delicious Made Beef Sloppy Joe** Roasted Butternut Squash** HV: Green Beans** CV: Fresh Carrot Coins** Delicious-Made Ranch Dressing** Orange** WG Delicious-Made Bun*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(*) Item is WHOLE GRAIN. (**) Item is Gluten Free
(made from scratch)

**ENTRÉES ARE DELICIOUS MADE