



Nutritionized PS - K8

October~November~December 2023

www.choosedelicious.com



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

10/2 10/30 11/27 12/25 (Closed)	10/3 10/31 11/28 12/26	10/4 11/1 11/29 12/27	10/5 11/2 11/30 12/28	10/6 11/3 12/1 12/29
Delicious-Made Macaroni & Cheese Carrot Mash Apple WG Delicious-Made Dinner Roll*	Delicious-Made Italian Chicken Oven Browned Potatoes Green Peas Banana WG Delicious-Made Bread*	Delicious-Made Beefy Meat Sauce Rotini Pasta HV: Broccoli CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Delicious-Made Dinner Roll*	New! Potato Chicken Taco Shredded Cheddar Cheese Refried Beans Diced Carrots Pear WG Soft Flour Tortilla*	WG Cheese Ravioli* in Delicious-Made Marinara Sauce HV: Green Beans CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Bread*
10/9 11/6 12/4	10/10 11/7 12/5	10/11 11/8 12/6	10/12 11/9 12/7	10/13 11/10 12/8
Turkey Chili Steamed Rice Green peas Apple WG Delicious-Made Cornbread*	Delicious-Made Cheeseburger Casserole Broccoli Banana WG Delicious-Made Bread*	Delicious-Made Chicken Teriyaki Meatballs Steamed Rice HV: Cauliflower CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Delicious-Made Dinner Roll*	Beef Sloppy Joes Baked French Fries Sauteed Cabbage Pear WG Delicious-Made Bun*	Delicious-Made Macaroni & Cheese HV: Roasted Green Beans CV: Southwest Bean Salad Diced Fresh Fruit WG Delicious-Made Bread*
10/16 11/13 12/11	10/17 11/14 12/12	10/18 11/15 12/13	10/19 11/16 12/14	10/20 11/17 12/15
Turkey A La King Steamed Rice Diced Carrots Apple WG Delicious-Made Dinner Roll*	Beef Taco Shredded Cheddar Cheese Spanish Black Beans Broccoli Banana WG Soft Flour Tortilla*	Delicious-Made Macaroni & Cheese HV: Roasted Vegetables CV: Cucumber Slices Delicious-Made Ranch Dressing Orange WG Delicious-Made Bread*	Delicious-Made Chicken Fried Rice Green Beans Pear WG Delicious-Made Dinner Roll*	Delicious-Made Italian Beef Meatballs in Marinara Sauce Spaghetti Noodles HV: Cauliflower CV: Southwest Bean Salad Diced Fresh Fruit WG Delicious-Made Bread*
10/23 11/20 12/18	10/24 11/21 12/19	10/25 11/22 12/20	10/26 11/23(closed) 12/21	10/27 11/24(closed) 12/22
Delicious-Made Cheesy Baked Beef Mostaccioli Corn Apple WG Delicious-Made Dinner Roll*	Diced Chicken & Gravy Mashed Potatoes Broccoli Banana WG Delicious-Made Bread*	Delicious-Made Macaroni & Cheese HV: Green Peas CV: Fresh Carrot Coins Delicious-Made Ranch Dressing Orange WG Delicious-Made Dinner Roll*	Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Rice Diced Carrots Pear WG Corn Tortilla Chips*	Delicious-Made Cheesy Chicken & Rice HV: Brussel Sprouts CV: Cucumber Slices Delicious-Made Ranch Dressing Diced Fresh Fruit WG Delicious-Made Dinner Roll*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus are subject to change.

(*) Item is WHOLE GRAIN.

**ENTRÉES ARE DELICIOUS MADE (made from scratch)